

## FLEET STREAMED SEMINAR

### Building Leadership Skills

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**Abstract:** Hear from FLEET's seven participants in the Women & Leadership Australia's (WLA) Leading Edge Program.

What skills do you need to become an effective leader?

- What type of leader do you want to be?
- Effective communication and feedback
- Emotional intelligence and managing conflict
- Owning your career and professional growth
- Elements of successful teams
- Presence and presentation
- Leading in times of change

In 2020, FLEET provided funds for seven members in different roles (PhD students, postdocs and professional staff) to participate in the Women & Leadership Australia Leading Edge Program.

WLA's Leading Edge program is a professional development experience for aspiring leaders, comprising online modules and face-to-face workshops where participants learned leadership skills and techniques to aid in their future careers.

Participants completed a workplace project, identifying something in their work they could improve upon, and carried this out as part of their training, including working in coach-coachee partnerships, learning techniques for mentoring, listening and questioning.

**DATE:** Thursday 13 August 2020

**TIME:** 11:00 - 12:00 AEST

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